

Draw Near

21 DAYS OF PRAYER | WEEK TWO: OCTOBER 19-25, 2026

Praying the Scriptures

God invites us to bring our everyday lives to Him through His Word. His promises give us peace, clarity, and assurance of His presence. This week, read a passage that speaks to what you are facing, pray its truth in your own words, and trust Him with the outcome.

Come with expectation: God wants us to walk in the promises He has provided for us.

Your daily rhythm

Pause at midday or choose another time you can return to each day.

- 1. Pause.** Set aside 5-10 minutes. Put distractions away and turn your attention toward God.
- 2. Read and pray slowly.** Choose a Scripture focus from page 2 that fits your day. Read the full passage in your Bible, then read it aloud. Notice what it reveals about God and His promises.
- 3. Make it personal.** Name what you are facing, such as fear, a need for assurance, or provision. Use the prayer prompt as a starting point and speak to God in your own words.
- 4. Respond.** Ask, "Help me receive Your promises today." Consider one practical step of trust or obedience you can take.

Each day may call for a different focus. Return to the Scripture list throughout the week. Begin with Psalm 23 when you need assurance.

An example prayer for anxiety

Read Philippians 4:6-7, then pray:

"God, today I am dealing with fear and anxiety. Thank You that I can bring You my worries and ask You to guard my heart with Your peace. Today, I need peace concerning _____. Help me walk in peace and trust You with what I cannot control. Thank You that You are close to me today. Amen."

Wednesday October 21

Pray and fast together

If you can safely fast from food, choose a manageable period and use the mealtime for prayer. Let hunger remind you: "Father, help me trust Your will." Respect your health needs and continue medication as prescribed; seek medical guidance if unsure. If food fasting is unsuitable, join us in prayer and consider setting aside a distraction.

Join one of our prayer room opportunities on Zoom or in person at our Truro location.

New to prayer? Begin honestly: "God, help me know You. Help me understand Jesus and what it means to trust Him." If you miss a day, return the next day. We are learning together.

Scripture for Your Daily Prayer

Choose a focus for today. Read the full passage, name your need, pray its truth, and trust God with the result.

ASSURANCE

Psalm 23

Shepherd me, Lord; remind me that You are with me.

ANXIETY

Philippians 4:6-7

I bring You my worries. Guard my heart with Your peace.

COMFORT

2 Corinthians 1:3-4

Meet me in this trouble and help me comfort others.

FAITH

Hebrews 11:1

Help me trust You even when I cannot see the way.

FEAR

Isaiah 41:10

Strengthen me and remind me that You are near.

FORGIVENESS

Ephesians 4:32

Help me forgive as You have forgiven me.

FREEDOM

Galatians 5:1

Help me stand firm in the freedom Christ gives.

GUIDANCE

Proverbs 3:5-6

I trust You more than my own understanding. Lead me.

GUILT AND SHAME

Romans 8:1

Thank You that in Christ I am not condemned.

HEALING

Psalm 103:2-3

Bring Your healing and help me remember Your goodness.

LONELINESS

Joshua 1:5

Remind me that You will never leave me.

HUMILITY

James 4:6

Keep me humble and teach me to receive Your grace.

PROTECTION AND PEACE

Isaiah 26:3-4

Keep my mind steady as I trust You.

PROVISION

Philippians 4:19

Meet my needs and help me trust Your care.

PURITY

Psalm 51:10

Create a clean heart in me and renew my spirit.

PURPOSE

Philippians 1:6

Continue the good work You began in me.

STRENGTH

2 Corinthians 12:9

Let Your strength sustain me in weakness.

THOUGHTS

Philippians 4:8-9

Guide my mind toward what is true and good.

VICTORY

Exodus 14:14

Fight for me, Lord; help me be still and trust You.

IDENTITY

Ephesians 2:10

Help me live as Your handiwork, made for good works.